

M:ADE FOR MOVING FORWARD: OPEN CALL

M:ADE is being supported by Creative Scotland's Open Fund to deliver a development programme for established creatives in Moray after the success of a pilot in 2022.

M:ADE for Moving Forward aims to support those that have been working in the arts and culture sector for some time, who find themselves in a period of reflection. You may be looking to change direction in your practice, upskill in new medias or simply want to engage with like-minded others about your work and your purpose; MADE are seeking up to eight individuals that identify with this juncture, who would benefit from some time on their professional and personal development. From February 2025-August 2025, *M:ADE for Moving Forward* will provide the opportunity for one-to-one coaching and being part of a peer-support network, in collaboration with Tanya Paget of Ellipsis Coaching. This will include:

- Five peer sessions
 - Friday 21st Feb: Introductory workshop
 - Friday 28th March: Group social with previous cohort
 - Friday 25th April: Group coaching
 - Friday 13th June: Group coaching
 - Friday 29th August: Closing workshop
- Six 1-1 tailored coaching sessions, online or face to face, scheduled to accommodate your own circumstances and needs; this can fluctuate across business, creative and life goals.

M:ADE invites expressions of interest from those that:

- Are available on the above dates, and committed to fulfilling six 1-1 sessions between February and August 2025
- Are based and/or working in the region of Moray
- Are actively engaged with their creative practice (we are open to all creative disciplines)
- Are actively working in the creative, arts and cultural sector*
- Are open to collaborative working and sharing

**We encourage expressions of interest from self-employed practitioners as we recognise the gap in such support when working for yourself.*

If interested, please email stacey@morayartsdevelopmentengagement.org by 12pm on Friday 24th January 2025, outlining the following:

- A statement/summary about you and your practice
- An overview of why you feel this opportunity will enhance your wellbeing, to include how it may impact your personal and/or professional development
- Up to 5 examples of your work (no set expectation - this can be film, sound, visual images, creative writing/poetry etc). We will accept written or filmed responses to the above; if neither work, please get in touch to discuss.

Submissions will be considered by members of the M:ADE Board and applicants will be notified by Friday 31st January 2025.

How do we define coaching?

Coaching is where you work with a trained coach over a series of sessions, usually lasting 45min to an hour to achieve positive change. You set a focus or goal for the session/s and can talk about any aspect of your life, business, or creative practice that you are seeking change and development in. You co-design the details of a coaching process that works for you. It would normally include the coach asking open questions and sometimes using their coaching tool kit. Which may include actions and exercises to help you gain clarity on your goals and direction of travel. They then work with you on achievable steps to meet your goals and keep you accountable to them.

Coaching is set in the belief that the client has the right answers but might need help with finding them.

You can get an insight into the set up and vibe of the programme through this short video from our pilot delivery in 2022:

<https://www.morayartsdevelopmentengagement.org/gallery?pgid=k9102euo-f64d534f-1ed0-4b2d-8d71-b18bd75e89f0>

<https://www.creativescotland.com/>
www.ellipsiscoaching.com
www.morayartsdevelopmentengagement.org



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